



How to Survive as a Parent in Today's World

This six-session Parenting Group addresses the concerns of today's parents. Run by an experienced therapist and parent, group members will discover effective ways to help their children be responsible, respectful and resilient. The aim is to build less stressful and more rewarding relationships between parents and their children.

Enrolling Now!

To register, contact Gina Unger or Ingrid Burke at
(973) 441-0886 or E-mail: info@lifeworksnj.com
www.lifeworksnj.com
562 Kingsland St., Nutley, NJ

